



GROUP LAUNCH

CONVEY EXCITEMENT: Communicate that you're excited for their journey and that you are praying for them and their families.

WEEKLY FLOW: The participants will go through one chapter of the material per week. Then, when the group gathers together, everyone will discuss what they've learned through the workbook in the previous week.

PERSONAL INITIATIVE: Explain that FREEDOM is really a workbook designed to help them learn these truths for yourselves. Personal initiative and a desire to grow will play a vital role in how much they gain from this experience.

DAILY DEVOTIONS: It will be most helpful if each person spends a little time each day—fifteen minutes, for example—instead of trying to read through an entire chapter and answer all the questions in a two-hour block of time. The goal is to think deeply about their lives and to help them create new habits, and a new rhythm in life that prioritizes their walk with Jesus.

WEEKLY GROUP GATHERINGS: Take time to quickly explain what your group will be doing when you gather together weekly (see Weekly Group Gathering).

GROUP GUIDELINES: Because group discussion plays such a vital role in the FREEDOM journey, it is important to cultivate a safe, participatory atmosphere. Review the *Group Guidelines* found in the *FREEDOM Participant's Guide*.

FREEDOM CONFERENCE: At the end of your twelve-week journey there will be a FREEDOM retreat (conference) that we are asking everyone to participate in. All of the FREEDOM groups, that are meeting this semester, will be gathered at that event for a time of worship, prayer, and ministry that helps apply what's been learned over this twelve-week period.

FOLLOW UP: Petra Church's goal is to help each person continue to grow in their faith. Expect that at the end of the twelve weeks together we want to have a discussion about "next steps" each person can take to connect to resources, relationships, serving opportunities, and more.

FREEDOM SCRIPTURE BOOKLET: A separate booklet is available that provides scriptures that will empower them to overcome lies and live in victory.